COORDINATION CAPACITIES
Francisco Seirul·lo Vargas, 1985

* Capacities of Movement Control (1st Level):
  Kinesthetik Discrimination
  Segmentary Differentiation
  Variability of Movement
  Combination of Movements
  Guided Control of Movement
  Fluidity and Relaxation of Movement
  Amplitud of Movement

* Capacities of Implementation (placing) of Movement on the Space (2nd Level):
  Orientation
  Directionality
  Localization
  Situation (placement)
  Static-Dynamic Balance

* Capacities of Temporal Adequacy (3rd Level):
  Movement-Spatial Interaction (Reaction-Anticipation)
  Rhythmical Differentiation
  Rhythmical Variability
  Rhythmical or Temporal Adaptation
Rhythmical Sense (Temporal Creativity)

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Class Notes of Basics on Human Movement
Human Movement and Sport Science School (Barcelona University)

Technical English translation by David Ribera-Nebot

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