



STRUCTURES THAT CONSTITUTE THE INDIVIDUAL STRUCTURES OF THE ATHLETE · SPORT PERSON

Proposal of Professor Francisco Seirul-lo Vargas (1987-1998)

"We are able to interpret the athlete as a hyper-complex structure that ...
is made up of interactions and retroactive actions between the following structures:

- * **CONDITIONING STRUCTURE**
- * **COORDINATIVE STRUCTURE**
- * **COGNITIVE STRUCTURE**
- * **SOCIO-AFFECTIVE STRUCTURE**
- * **EMOTIONAL-VOLITIONAL STRUCTURE**
- * **CREATIVE-EXPRESSIVE STRUCTURE**
- * **MENTAL STRUCTURE**
- * **BIOENERGETIC STRUCTURE**
- * ... "

"Each structure must be considered as the expression of underlying processes. This means that the processes - a complete network of dynamic connections among all the systems - become apparent through what we call networks. Also, what we traditionally call capacities are just forms of isolated evaluation of part of the processes that occur in some systems which makes up a determined structure."

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